

## **Testimonials for Community Projects**



Name: Pn. Amna binti A. Hamid Age: 57 years 2014 CCASTP, Perumahan Awam Seri Sabah 3A

Pn. Amna binti A. Hamid, a beneficiary from EMPOWERED's 2014 CCASTP shared, "I found out about the project from the banner hanging on the side of my building. I was so afraid to be screened but decided to go for the screening. I realised that I did not have to go through any painful procedure. EMPOWERED's kind and helpful volunteers taught me how to use the FIT (Faecal Immunohistochemical Test) kit. I was having diarrhea for a year but always thought my stomach was weak or that I ate something wrong. But it was only through EMPOWERED's CCASTP that I was diagnosed and treated for colorectal cancer."